

AS SEEN IN

# natural awakenings

HEALTHY LIVING HEALTHY PLANET

## health brief

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## Keep Cool with IV Therapies

**B**y the time symptoms of a disease show up, it is often too late for oral use of vitamins and minerals. All of our cells need to be maximally healthy for our whole body to be optimally healthy. Giving vitamins and minerals

at higher concentrations through intravenous (IV) therapy allows those nutrients to enter the cells due to the sheer numbers of molecules provided by the IV process. Bypassing the intestinal processes also increases overall absorption.

IVs can help treat a number of health issues, including: fatigue, anxiety, bloating, dehydration, bacterial infections, viral infections, fungal infections, heavy metal poisoning, electrolyte deficiencies, adrenal fatigue, Lyme disease, microbiome issues, diverticulosis, heat exhaustion, mold toxicity, pain management, musculoskeletal disorders, cardiovascular issues and atherosclerosis. Even shortness of breath can be assisted with a Magnesium push.

A Trace Mineral IV can help with: chronic infections, chronic inflammation, hypertension, immune disorders, infections, metabolic concerns, mineral depletion, post-surgery, post-trauma or for pre-surgery nutritional support.



*Dr. DeeAnn G. Saber, NMD practices at Transformational Medicine, in Tucson, where she provides IV therapies and other services. Their next IV special is for Trace Minerals. Transformational Medicine will host a free presentation about Back to School Wellness Tips on August 11, from 6 to 7 p.m. Connect at 520-209-1755, DeeAnn@tfmnd.com or tfmnd.com. See ad, page 3.*